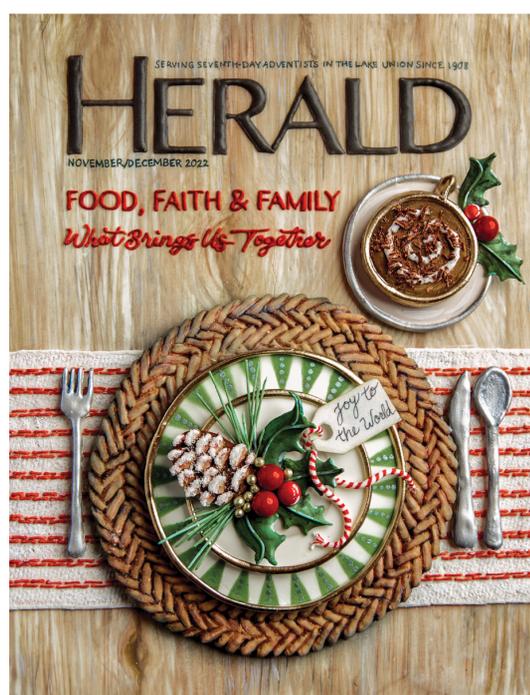




Lake Union HERALD

THIS WEEK

Nov/Dec 2022



See inside the Nov/Dec 2022 issue

This month's issue features food, faith, family and what brings us together.

About the Cover

This festive cover was designed and crafted by Amy Rhodes of Amykins Bakes.
Photography by Julia Viniczay

Bind Us Together

For some time, we had prayerfully planned to dedicate this issue to telling stories at the intersection of food, faith and family. But the challenge was narrowing that focus. Our team brainstormed a bunch of ideas, but nothing seemed to be coming together in a timely manner. But at the eleventh hour, God showed up in a marvelous way. He sent members from across the Lake Union who joyfully pooled their talents to making the magazine you're now reading possible.

There was Amy Rhodes, a gifted graphic designer-baker, who pitched the idea of baking an actual replica of the Herald cover in cookie form—which is the amazingly creative image you see on this month's cover. That cookie, created through hours of hand-drawing and lettering, was then skillfully photographed by recent

...and our master chefs, Miguel Larcher, Camp Lake Union chef and recently, and Linda Brinegar, general manager of Andrews University's Dining Services, who graciously spent hours cooking and baking the delightful foods we photographed. We can't overlook you, our dear readers, who submitted your favorite recipes and shared meaningful memories of time spent with family during this special time of year.

Within the Lake Union, we have people of various cultures, and it is through collaboration that we achieve something greater. We look different and eat different foods, but we are all one family in the eyes of God.

So, we invite you to feast on the food recipes, stories and images, and then taste and see that the Lord is indeed good! (Ps. 34:8)

In recognition that this isn't the "most wondrous time of the year" for everyone, please don't forget to look out for those who are alone or missing family members.

Debbie Michel
Editor, Lake Union Herald

[Read the Nov/Dec 2022 Issue](#)

FEATURED STORIES



Food, Faith and Family: Miguel Larcher

"Like Christ who fed the multitude while preaching the gospel, food is my tool to win souls for Christ's Kingdom."

Terrified and excited, Chef Miguel Larcher was just 12 years old when he cooked his first meal—a chicken dish. Much to his surprise and delight, the meal turned out well. He was excited and, at that moment, he knew he wanted to be a chef. He had no way of knowing that, decades later, his food would take him far from his home island of Martinique and become the tool he used to bring people to Christ.

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Food, Faith and Family: Linda Brinegar

Long afternoons picking fresh vegetables and fruit from the garden, picnics on hot summer days, fresh yellow watermelons—passion for food runs through the generations of Chef Linda Brinegar’s family.

“I learned a lot about cooking at the apron strings of my mother and two fantastic grandmothers,” recalls Brinegar. “Alongside family, I learned to work the garden and take what God provided—that beautiful bounty—and turn it into food for the table and medicine for the body. I fell in love with the concept.” Since then, she’s gained experience working at summer camps, women’s retreats, churches, conference events and weddings alike, serving vegan and plant-based foods that feed both soul and body.

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Your Favorite Family Recipes

When we asked you to send us your favorite Thanksgiving and Christmas recipes, you graciously obliged. From entrees to dessert to drinks, you showed us there’s so much to enjoy beyond the traditional holiday staples. If you try any of these recipes, we definitely want to hear from you! Share your photos and don’t forget to tag us on Facebook, Instagram, TikTok or Twitter @lakeunionherald. —Editor

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here — or really don't — or have ideas that can help shape our newsletter,
let us know. We're all ears. . . Email us your thoughts at
herald@lakeunion.org.

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